



## PS 154 CLUBS

Want to join a Kids Orbit club? A minimum purchase of 10 partial afternoons\* is all you need to get started. Clubs are an important part of the Kids Orbit program. Clubs are ongoing; there are no start and end dates. Children may join at any time. No special enrollment is required, nor are there additional fees to participate. Your Kids Orbit enrollment entitles you to all. For more registration options, visit [www.kidsorbit.com](http://www.kidsorbit.com) or call the office and we'll help you decide. 718.768.4426.

\*A partial afternoon is your child's "ticket" to attend Kids Orbit from 3-4:30pm or 4:30-6pm. Partials are a very flexible registration option; one or two partials can be used for after school care whenever you have the need. Babysitter calls in sick? Last minute meeting? In a bind? Partial afternoons are there to back you up.

*To enroll, download an application from [www.kidsorbit.com](http://www.kidsorbit.com)*

### Drama

Mondays 3:30 – 4:30 (Grades PK, K & 1)  
4:30 – 5:30 (Grades 2 & up)



Drama is about strengthening the imagination, working together as a group to solve problems, and realizing that we have unlimited potential if we allow ourselves to pretend. Through the use of theatre games, exercises, and creating/acting out stories, we build a strong and supportive community that understands everyone's importance and never forgets that the greatest rule of drama is to have fun.

### Martial Arts

Tuesdays 3:30 – 4:30 (Grades PK, K & 1)  
4:30 – 5:30 (Grades 2 & up)



We all know karate as a martial art of Korean origin. Its benefits go beyond self defense, and include learning respect, discipline, focus, self control, and concentration. The program we offer is affiliated with Tessa Gordon's Premier Martial Arts\*, and students classes will be conducted just as they would be in the dojo. Premier Martial Arts includes teaching from a variety of disciplines including Tae Kwon Do, Kickboxing, Weapons Training, Acrobatics, Self Defense and Competition Forms. Students will be encouraged to wear a uniform to class. Students continuing from last year's class will maintain their ranking. \*<http://www.pureenergymartialarts.com/about.html>



Wednesdays 3:30 - 4:30 (Grades PK, K & 1)  
4:30 - 5:30 (Grades 2 & up)

Join the troupe for fun and creative instruction in tumbling, dance, juggling, stilts and hoops. Participants gain agility, strength, balance, flexibility, and confidence. This class is also an experience with different, yet important, aspects of cooperation and teamwork.

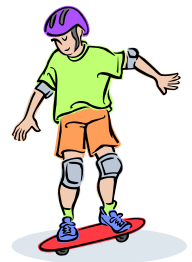
Aimee German, Director of Gymstars, has taught gymnastics, drama and circus skills to children all over the world for over 15 years. She performs regularly as a comedienne and clown at numerous New York City venues. Aimee studied dance and movement at the American Academy of Dance & Stanley Holden's in Los Angeles, and then moved to London to complete her graduate degree in classical theatre.

## Skate Boarding

Thursdays 3:30 - 4:30 (Grades 2 & up)

Let your child learn to skateboard from a real pro who has lots of experience teaching children to skate. Skating not only strengthens balance, flexibility, mental and physical fitness, it is an activity where children "get to do their own thing." An important part of the culture of skateboarding is the "brotherhood" or positive attitude towards fellow skateboarders, being supportive of each other and respecting each other's space; a respect for the physical and social environment.

Instructor Mike Crowley, has been a skateboarder for a decade. He's a college graduate interested in child psychology and education, who's taught at summer skateboarding camps, and has a passion for helping children learn not only how to skate, but also how to be independent learners, and how to be confident in their ability to put their mind to any task and solve it.



**Gear Requirement** For your child to receive proper and safe skate instruction at Kids Orbit, he or she must wear a helmet and protective gear (knee, elbow and wrist guards) and have a proper skateboard. The skateboard must have been purchased from a skateboard shop, not from a department store or a toy store. Department store skateboards can pose serious risks to safety, and be impediments to learning. They often have bad turning capabilities, break easily, and come in shapes, sizes, and are made of wood types that are hard to use. Skateboard shops (like Homage at Smith and Bergen in Cobble Hill) are the right places to outfit your child with the proper equipment.

## Nature Awareness

Fridays 3:30 - 4:30 (Grades PK, K & 1)  
4:30 - 5:30 (Grades 2 & up)



This club is presented in collaboration with HEART\* whose goal is to impact a child's overall quality of life by promoting the inherent value of all beings and the environment. Children engage in fun hands-on activities that teach nature and environment issues relevant to their day to day lives. Activities are conducted both in and out of doors. \*[www.teachhumane.org](http://www.teachhumane.org).

**DOWNLOAD AN APPLICATION**  
[www.kidsorbit.com](http://www.kidsorbit.com)