



# IHM CLUBS

Want to join a Kids Orbit club? A minimum purchase of 10 partial afternoons\* is all you need to get started. Clubs are an important part of the Kids Orbit program. Clubs are ongoing; there are no start and end dates. Children may join at any time. No special enrollment is required, nor are there additional fees to participate. Your Kids Orbit enrollment entitles you to all. For more registration options, visit [www.kidsorbit.com](http://www.kidsorbit.com) or call the office and we'll help you decide. 718.768.4426.

\*A partial afternoon is your child's "ticket" to attend Kids Orbit from 3-4:30pm or 4:30-6pm. Partials are a very flexible registration option; one or two partials can be used for after school care whenever you have the need. Babysitter calls in sick? Last minute meeting? In a bind? Partial afternoons are there to back you up.

*To enroll, download an application from [www.kidsorbit.com](http://www.kidsorbit.com)*

## Drama

Tuesdays

4:00 – 5:00 (All Grades)



Drama is about strengthening the imagination, working together as a group to solve problems, and realizing that we have unlimited potential if we allow ourselves to pretend. Through the use of theatre games, exercises, and creating/acting out stories, we build a strong and supportive community that understands everyone's importance and never forgets that the greatest rule of drama is to have fun.

## Martial Arts

Thursdays

4:30 – 5:30 (Grades PK – 1)



We all know karate as a martial art of Korean origin. Its benefits go beyond self defense, and include learning respect, discipline, focus, self control, and concentration. The program we offer is affiliated with Tessa Gordon's Premier Martial Arts\*, and students classes will be conducted just as they would be in the dojo. Premier Martial Arts includes teaching from a variety of disciplines including Tae Kwon Do, Kickboxing, Weapons Training, Acrobatics, Self Defense and Competition Forms. Students will be encouraged to wear a uniform to class. Students continuing from last year's class will maintain their ranking. \*<http://www.pureenergymartialarts.com/about.html>



**Fridays**

**4:00 – 5:00 (All Grades)**

Join the troupe for fun and creative instruction in tumbling, dance, juggling, stilts and hoops. Participants gain agility, strength, balance, flexibility, and confidence. This class is also an experience with different, yet important, aspects of cooperation and teamwork.

Aimee German, Director of Gymstars, has taught gymnastics, drama and circus skills to children all over the world for over 15 years. She performs regularly as a comedienne and clown at numerous New York City venues. Aimee studied dance and movement at the American Academy of Dance & Stanley Holden's in Los Angeles, and then moved to London to complete her graduate degree in classical theatre.

**DOWNLOAD AN APPLICATION**  
**[www.kidsorbit.com](http://www.kidsorbit.com)**